



Learn, laugh, live

Islington U3A – Online Learning Opportunities



| <i>online learning suggestions</i> | <i>Suggested for:</i> |
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| Niall Ferguson’s Network in which NF draws on the work of network theorists, social scientists and data analysts to explore the history of social networks, and demonstrates how human behaviour, disruptive technology and profit can energize ideas and communication, ultimately changing the world. https://www.youtube.com/watch?v=qWkM6QxSC0A | Monthly meeting |
| The Social Contract During a Pandemic. Wesley Cecil https://www.youtube.com/watch?v=4WlgkT_8b_8 | Philosophy group |
| Edible Education 101: The edible Schoolyard. https://edibleschoolyard.org/ee101 | World Cuisine group |
| Elements of drawing. The University of Oxford. Open Learning. http://www.openculture.com/the-elements-of-drawing-a-free-course-from-oxford | Art subjects suggested by members of the Fringe Theatre group |
| Fashion as Design. Coursera https://www.coursera.org/learn/fashion-design | ditto |
| Modern Art and Ideas. Coursera https://www.coursera.org/learn/modern-art-ideas | ditto |
| In the Studio: Post War abstract painting. Coursera https://www.coursera.org/learn/painting | ditto |
| European Paintings from Leonardo to Rembrandt to Goya. https://www.edx.org/course/european-paintings-from-leonardo-to-rembrandt-to-g | ditto |
| Sexing the Canvas: Art and Gender. Coursera https://www.coursera.org/learn/gender-art | ditto |
| Art History. Arts and humanities. Khan Academy https://www.khanacademy.org/humanities/art-history | ditto |
| Art through time: A Global View – Annenberg Learner https://www.learner.org/series/art-through-time-a-global-view/ | ditto |
| Vintage Lectures by UC Davies , wine patriarch https://www.youtube.com/playlist?list=PLslgisHe5tBO1OJVP09y41UTbSr7_ttK | Wine groups |
| Some incredible virtual tours to help you pass the time | Short walking groups |



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| https://amp.flipboard.com/@Refinery29/here-are-some-incredible-virtual-tours-to-help-you-pass-the-time/a-y20VjgrfQbWOG1LVOTpyYQ%3Aa%3A692913612-dae33c57e6%2Frefinery29.com | |
| Greening the economy, lessons from Scandinavia. Lund University, International Institute for Industrial Environmental Economics https://www.coursera.org/learn/greening-the-economy | Rethinking Economics |
| Ohio State: History of Architecture I with Prof. Jacqueline Gargus https://www.youtube.com/playlist?list=PLaLOVNqqD-2HUsGTV_GQ3opJoPPjdM9S6 | ARCHITECTURE |
| Science Matters: Let's Talk About COVID-19 https://www.coursera.org/learn/covid-19 | COVID19 |
| COVID-19: Tackling the Novel Coronavirus https://www.futurelearn.com/courses/covid19-novel-coronavirus | |
| Managing COVID-19 in General Practice https://www.futurelearn.com/courses/management-of-covid-19-in-general-practice | |
| Causes of Human Disease: Understanding Causes of Disease https://www.futurelearn.com/courses/human-disease-understanding-causes-of-disease | |
| Epidemics https://www.coursera.org/learn/hkuepidemics | |
| Epidemics in Western Society Since 1600 with Frank Snowden https://www.youtube.com/playlist?list=PL3AE7B3B6917DE8E6&feature=plcp Gresham College: 12 lectures on Epidemics https://www.youtube.com/playlist?list=PLU3TaPgchJtTTeyXz_x6e9jpQXoj071TA | |
| The Craft of Character https://www.coursera.org/learn/craft-of-character | CREATIVE WRITING |
| The Craft of Plot https://www.coursera.org/learn/craft-of-plot | |
| The Craft of Setting and Description https://www.coursera.org/learn/craft-of-setting-and-description | |



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| The Craft of Style https://www.coursera.org/learn/craft-of-style | |
| Start Writing Fiction https://www.futurelearn.com/courses/start-writing-fiction | |
| World Economic History – Pre-History to Industrial Revolution http://faculty.econ.ucdavis.edu/faculty/gclark/ecn110a/110a-syllabus%202010.html | ECONOMICS |
| The Age of Sustainable Development https://www.coursera.org/learn/sustainable-development | GREEN ISSUES |
| Dementia and the Arts https://www.futurelearn.com/courses/dementia-arts | HEALTH & WELLBEING |
| Food as Medicine https://www.futurelearn.com/courses/food-as-medicine | |
| Food and Mood: Improving Mental Health Through Diet and Nutrition https://www.futurelearn.com/courses/food-and-mood | |
| Healing with the Arts https://www.coursera.org/learn/healing-with-the-arts | |
| Medicine and the Arts: Humanising Healthcare https://www.futurelearn.com/courses/medicine-and-the-arts | |
| Mindfulness for Wellbeing and Peak Performance https://www.futurelearn.com/courses/mindfulness-wellbeing-performance | |
| Positive Psychiatry and Mental Health https://www.coursera.org/learn/positive-psychiatry | |
| Talking About Cancer: Reducing Risk, Early Detection and Myth busting https://www.futurelearn.com/courses/talking-about-cancer | |



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| Traditional herbal medicine in supportive cancer care: From alternative to integrative https://www.coursera.org/learn/cancer-medicine-alternative-herbal-asia | |
| Vital Signs: Understanding What the Body Is Telling Us https://www.coursera.org/learn/vital-signs A Course on A Life of Happiness and Fulfilment https://www.coursera.org/learn/happiness | |
| Big History https://www.bighistoryproject.com/home | HISTORY |
| World Revolutions https://www.youtube.com/playlist?list=PL967CDBE8252604BD | |
| World Civilization to 1500 https://www.youtube.com/playlist?list=PL32431938AF5F757F | |
| World Civilization Since 1500 https://www.youtube.com/playlist?list=PL997BB116C70F363A | |
| Managing Your Relationship with the Reader https://www.coursera.org/learn/memoir-reader-relationship | LITERATURE MEMOIRS AND PERSONAL ESSAYS/WRITE ABOUT YOURSELF |
| Writing in First Person Point of View https://www.coursera.org/learn/first-person-pov | |
| Writing a Personal Essay https://www.coursera.org/learn/personal-essay | |
| Writing Stories About Ourselves https://www.coursera.org/learn/writing-about-ourselves | |
| Sharpened Visions: A Poetry Workshop https://www.coursera.org/learn/poetry-workshop | POETRY |
| How To Make A Poem https://www.futurelearn.com/courses/how-to-make-a-poem | |
| Philosophy In Film and Other Media https://www.youtube.com/playlist?list=PLEC1CCBE94134A2EE | PHILOSOPHY |
| Engineering Health: Introduction to Yoga and Physiology https://www.coursera.org/learn/engineering-health-yoga-physiology | YOGA |



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| <p>Universal Basic Income https://www.resolutionfoundation.org/app/uploads/2020/03/Doing-what-it-takes.pdf</p> <p>https://www.citizensadvice.org.uk/Global/CitizensAdvice/welfare%20publications/Financial%20support%20during%20the%20Covid-19%20pandemic%20(3).pdf</p> | Economics |
| <p>Greening the economy Lund University IIIIEE Lessons from Scandinavia How can we live a good life on one planet with over seven billion people? Greening the Economy: Lessons from Scandinavia Coursera</p> <p>2. Sustainable Cities How can we shape urban development towards sustainable and prosperous futures? Greening the Economy: Sustainable Cities Coursera</p> <p>3. Circular Economy: Sustainable Materials Management How can we create a circular economy through sustainable materials management? Circular Economy - Sustainable Materials Management Coursera</p> <p>4. Urban Nature: Connecting Cities, Nature and Innovations How can nature help us design and build our cities? https://www.coursera.org/learn/urban-nature</p> <p>5. Sharing Cities: Governance and Urban Sustainability https://www.coursera.org/learn/sharing-cities https://lup.lub.lu.se/search/ws/files/7509153/201604_Course_Compendium.pdf</p> | Green economics |
| <p>A course in economics for people Ha Joon Chang https://www.youtube.com/watch?v=qaNTRFOkp0Q&list=PLmtuEaMvhDZbNVIDHA-MTVH0sLb5HP7Pn</p> | Economics |
| <p>The Quest for a Moral Compass: A Global History of Ethics Kenan Malik explores the history of moral thought as it has developed over three millennia https://www.youtube.com/watch?v=SpludXiePOU</p> <p>Book details: https://books.google.co.uk/books?id=xxLUAgAAQBAJ&printsec=frontcover#v=onepage&q&f=false</p> | Book club |



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| A course on the Axial Age , Wes Cecil https://www.youtube.com/results?search_query=The+Ancients+We+s+Cecil | History |
| How the Art and digital technologies interact https://online.umich.edu/courses/arts-and-technology-teach-out/lessons/ | Arts |
| Paris Opera https://www.operadeparis.fr/en/magazine/replay | Opera |
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